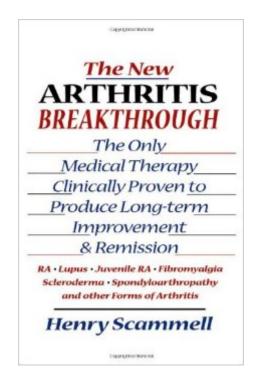
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# The New Arthritis Breakthrough: The Only Medical Therapy Clinically Proven To Produce Long-term Improvement And Remission Of RA, Lupus, Juvenile RS, ... & Other Inflammatory Forms Of Arthritis





## Synopsis

...can be miraculous for rheumatoid arthritis sufferers.â • Health & Healing, Tomorrow's Medicine Today

### **Book Information**

Hardcover: 336 pages Publisher: M. Evans & Company; Revised ed. edition (March 25, 1998) Language: English ISBN-10: 0871318431 ISBN-13: 978-0871318435 Product Dimensions: 5.9 x 1.1 x 9.1 inches Shipping Weight: 1.2 pounds (View shipping rates and policies) Average Customer Review: 4.7 out of 5 stars Â See all reviews (128 customer reviews) Best Sellers Rank: #69,918 in Books (See Top 100 in Books) #2 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lupus #3 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Rheumatic Diseases #35 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Musculoskeletal Diseases

#### **Customer Reviews**

If you have found this page you are, or you care about, an arthritis patient. You should read this book. I did, and after 27 years with severe psoriatic arthritis, my life is totally changed: after ten months on doxycycline, swelling, pain and fatigue are almost gone, and normal strength is coming back to me. What makes this book especially valuable is its description of Dr. Brown's many extraordinarily perceptive insights about arthritis, both physical and especially psychological aspects. After 5 knee surgeries and uncountable drugs I was reluctant to even try another new treatment- he understood that, and much more that I immediately identified with. This treatment may not work for everybody, but it is so safe and cheap, everyone should consider it carefully. This book gives you what you need to know (and what your doctor probably doesn't know, unfortunately). Thank you, Dr. Brown, and Henry Scammell! Note added 6/26/07: I'm still on doxycycline, and doing great-I row for exercise now and it feels wonderful.

Dr. Brown is a guardian angel to every RA sufferer on this earth. His work, which Henry Scammell describes in this book, has freed many of us from our prisons of pain. I found out about Dr. Brown's protocol early on, so I was able to follow the treatment outlined in "The New Arthritis Breakthrough"

early in the onset of my disease. When I was at my worst, it took me 30 minutes each morning to loosen up my shoulders, knees and hands to the point where I could get out of bed and function. Any use of my hands in the early morning would cause searing pains to shoot up my arms. I was at the point that I could barely use a gas pump even with both hands.Within six months of starting on the protocol outlined in Mr. Scammell's book, my SED rate dropped by 50%, I mowed my lawn, golfed, I didn't tire easily and I had full use of my hands. After 1.5 years my SED rate was 20 and my anemia was gone. Now, after 2.5 years on the protocol, my SED rate is 15 and recent x-rays indicate no joint damage. I've gone from having pain in my feet, ankles, knees, hands, wrists, elbows, shoulders, neck and jaw, to almost completely pain free. I don't even take anti-inflammatories any longer.When I suspected that I had RA, I started investigating the disease. I saw that the possibility for a fulfilling future looked dim. But now, after following the protocol in "The New Arthritis Breakthrough," I have a great future ahead of me.Please, regardless of what your physician tells you, read this book. If your doctor will not provide this treatment for you, find a new doctor. No RA -- or scleroderma, lupus, etc. -- sufferer has to endure the pain any longer.

I was diagnosed with RA a month before my 40th birthday, and was fortunate enough to find this book (under its original title, The Road Back from RA) within 24 hours of my diagnosis. I was also fortunate enough to have a doctor who is a dear and caring friend, and who was willing to let me try this treatment. The pain and depression were devastating, and the loss of muscle tone left me weak, but within weeks of starting the antibiotic treatment I saw tremendous improvement. I continued to improve and have never once reverted back to the severity of the initial onset.I am now 46 years old - I know there is a lot of negativity about the "misuse" of antibiotics, but the only other choice I was offered was at least 10 years of what essentially amounted to chemotherapy. When I read the book six years ago, they never promised me a cure - but they held out to me the hope of minimizing the damage to my body and achieving remission without the use of dangerous drugs with terrible side effects.I have been in remission for some time now. I have to be careful about what I do - I keep my antibiotics handy in case I overdo the lawn work, or my exercise. But a year ago I had to have surgery for a knee injury unrelated to the RA and the orthopaedic surgeon, who is a sports surgeon, said that the rest of my knee and the cartilage looked so smooth and clear that he would never have guessed that I had had RA for five years. 'nough said.

Excellent book! I first read about antibiotic treatment for rheumatic diseases on the internet and was highly skeptical. After learning about this book and seeing all the 5-star reviews of it on , I decided to

acquire a copy and see what all the fuss was about. This book will show you (in non-technical language) how a pioneering physician (who deserves the Nobel Prize) arrived at the use of antibiotics to treat rheumatic diseases, and how to use the antibiotics. Some of the personal stories in this book are heart-breaking but have a happy outcome thanks to the treatment described in the book. After reading this book, I began using antibiotics to treat my psoriatic arthritis and have been on them for several months. I wanted to weep with gratitude when my mood and energy level improved dramatically, and I haven't slept this well in years. Thank you, Dr. Brown!!\*\*UPDATE JULY 2011\*\*i have been using this protocol for years now, with no apparent ill effects. My rheumatologist has reduced my dose and thinks i may be able to discontinue its use soon. I go to the gym five days a week, for an hour and a half each time. I have gobs of energy, even though i am over 50. Discontinued the NSAID i had been using. Gave away the cane i used on occasion when i knew i would need to get up from te floor.

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